
Food & Feel

Luxury Italian Catering

- M E N U -



Breakfast.



- E N G L I S H -
B R E A K F A S T T R A Y

Fresh orange juice(500ml), 2 assorted bread rolls,

2 French and Danish pastries, butter, jam and

honey, 2 slices of bacon, 2 mini sausages,

2 scrambled eggs or an omelette,

a selection of cheese, a fruit salad.

- C O N T I N E N T A L -
B R E A K F A S T T R A Y

Fresh orange juice(500ml), 2 assorted bread rolls,

2 French and Danish pastries, butter, a french

baguette, jam and honey, a fresh yoghurt, a fruit

salad, a selection of cereals with milk.

- H E A L T H Y -
B R E A K F A S T

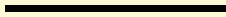
*Fresh orange juice(500ml), 2 assorted french bread,
jam and honey, a low-fat yogurt, a selection of
cheese, a fruit salad, a selection of wheat muesli
with semi skimmed milk or soya milk.*



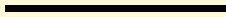
Pasta.

- FRESH PASTA -
AND RISOTTOS

Lasagna with bolognese sauce



Vegetarian Lasagna



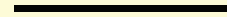
*Tortelloni stuffed with spinach and ricotta and
seasoned with cream sauce*



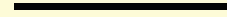
*Handmade gnocchi with
shrimp dressing*



*Handmade tagliolini with
fresh truffle*



*Couscous with vegetables
and meat or fish*



- PLEASE NOTE -

THAT PASTAS AND RISOTTOS ARE AVAILABLE ON REQUEST WITH ANY SEASONING



*Meat
& Fish.*



- B E E F -

Grilled fillet

Beef steak with juniper

Stroganoff fillet

- V E A L -

Grilled veal

Milanese veal cutlet

- L A M B -

Cutlets dressed with berries sauce

Breaded cutlet with mediterranean herbs

Pan-fried cutlets

- P O U L T R Y -

Grilled chicken

Chicken cutlet flavoured with lemon

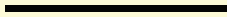
Duck in orange sauce

Chicken with coconut dressing

Kiev chicken

Chicken with truffle

Steamed black sea bass (400gr)



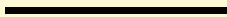
Swordfish with mediterranean dressing



Turbot with potatoes



Grilled lake bass



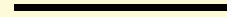
Stuffed squid



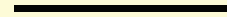
Salmon fillet



Fried fish mix



Grilled tuna fish





Soups.

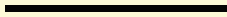


- S O U P S -

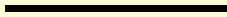
Creamy lentil soup with truffle oil (1lt)



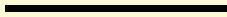
Creamy mushrooms soup (1Lt)



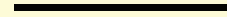
Creamy tomatoes and basil soup (1Lt)



Clear chicken noodle soup (1Lt)



Lobster bisque (1Lt)



- PLEASE NOTE -

OUR SOUPS ARE SERVED WITH CROUTONS AND PARMESAN,
ON REQUEST WE OFFER ANY KIND OF SOUP.

*Salads
& Vegetables.*

- S A L A D S -

Caesar salad with chicken or turkey

Seafoods salad

Avocado salad

Smoked salmon salad

Niçoise salad

Greek salad

Caprese salad

Scampi and mushrooms salad

Green salad mix

Assorted dressings

- PLEASE NOTE -

OTHER VEGETABLES ARE AVAILABLE ON REQUEST.

- V E G E T A B L E S -

Vegetable salad or crudité

*Potatoes and sweet potatoes
(mashed, grilled or steamed)*

Grilled mushrooms

Broccoli or spinach

Asparagus

Grilled vegetable mix

- PLEASE NOTE -

OTHER VEGETABLES ARE AVAILABLE ON REQUEST.

*Cheese
& Yoghurts.*

- C H E E S E -

A selection of sliced cheeses (250 gr plait)

A 5 choices cheese tray (500 gr, 1-4 people)

A 8 choices cheese tray (1000gr, 6-8 people)



- Y O G H U R T S -

Fresh plain yoghurt

Low-fat plain yoghurt

Fresh fruits yoghurt

Low-fat fruits yoghurt



*Sandwiches
& Bakery.*

- C H E F S U G G E S T I O N S -

- W R A P ' S -

Hummus and shrimps

Roast beef and harissa cream souce

Honey sauce, cheese and pear

This is just a suggestion for filling choices, a wide range of ingredients is at your disposal for your ownmade stuffing

Stuffed with tapena, or cheese, or feta, or pickled peppers, or salad

This is just a suggestion for filling choices, a wide range of ingredients is at your disposal for your ownmade stuffing

- B A G E L S -

- B A K E R Y S T O R E -

*Philadelphia cream cheese, smoked salmon
and cucumber*

*Goat cheese, pine nuts, mint
and coriander grilled vegetables*

2 bread rolls assortment

½ baguette bread

2 pancakes

- P L E A S E N O T E -

OUR SANDWICHES ARE AVAILABLE IN CLUBS, FINGERS STYLE,
WHOLE GRAINS BREAD, CEREALS BREAD.

*Desserts
& Fruits.*

- D E S S E R T S -

Cheese cake

Pannacotta with fresh fruits

Creme brulèe

Chocolate mousse

A pear with chocolate

A slice of a fruit cake

Mini pancake with fruit and jam

- V I E N N O I S E R I E -
P A S T R I E S

2 mini pain au chocolat, 2 croissant

Mini pastries assortment

Muffin

2 bagels

Brownies

- F R U I T S -

Fresh fruits salad (300gr)

A selection of fresh seasonal fruits (400gr)

A selection of fresh seasonal fruits (800gr)

A selection of fresh seasonal fruits (1500gr)

Fresh fruits basket (800gr)

*Crew
trays.*

- CREW BREAKFAST TRAY -

*Fresh squeezed orange juice (500ml), 4 bread rolls
and mini french pastries, butter, jam and honey,
a yoghurt.*

- CREW COURSE TRAY -

*A dish from meat or fish meals with garnish
A selection of cheese with 2 bread rolls and butter
A dessert .*

- CREW HOT BREAKFAST TRAY -

*Fresh squeezed orange juice (500ml), 2 bread rolls
and 2 mini french pastries, butter, jam and honey,
an omelette or scrambled eggs with
sausages or bacon.*

- CREW SNACK BOX -

*4 assorted sandwiches
A green salad
A dessert between tiramisù or creme brulèe*



Food & Feel

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